

ORGANISER



3<sup>RD</sup> ORTHOPAEDIC CLINIC  
HYGEIA HOSPITAL  
ATHENS, GREECE

CO-ORGANISERS



SOCIETÀ ITALIANA  
DI ARTROSCOPIA (SIA)



SOCIÉTÉ FRANCOPHONE  
D'ARTHROSCOPIE (SFA)

# 3<sup>rd</sup> Athens Shoulder Course

7-9 February  
2019

Cadaver  
Sessions

National and  
International  
Faculty

Special  
Physiotherapists'  
Course

Live  
Surgeries

COURSE CHAIRMAN:  
MANOS ANTONOGIANNAKIS

VENUES:  
ROYAL OLYMPIC HOTEL, ATHENS

LABORATORY OF ANATOMY,  
MEDICAL SCHOOL, UNIVERSITY  
OF ATHENS

FINAL  
PROGRAM

A | S | C

Athens Shoulder Course

visit the official website for further information  
[www.athens-shoulder-course.com](http://www.athens-shoulder-course.com)



COURSE SECRETARIAT:

SYNTHESIS GROUP SA

31 Agias Varvaras Str., 164 52 Argyroupoli - Athens, Greece  
Tel: +30 210 9609400, Email: tzombola@synthesispc.com  
[www.synthesispc.com](http://www.synthesispc.com)

UNDER THE AUSPICES:





# ISAKOS



## Join ISAKOS

Join the thousands working together to achieve the Mission of ISAKOS: Advance the worldwide exchange and dissemination of education, research and patient care in arthroscopy, knee surgery and orthopaedic sports medicine.

## Welcome to Athens Shoulder Course.

Our aim is to share new and innovative approaches and discuss controversial matters on shoulder disorders. Our goal is to approach these entities both theoretically and practically.

Current European opinion leaders, as well as some of the most charismatic Greek shoulder surgeons are part of the course Faculty. They will try to share their knowledge and experience with interesting lectures and training on cadavers.

The ultimate goal of this 3-day course is to bring in contact Orthopaedic Surgeons and Physical Therapists with cutting edge ideas in shoulder surgery in a practical and effective way for everyday practice.



**Emmanouil Antonogiannakis**  
Course Chairman

## Committees

---

### Course Chairman

Emmanouil Antonogiannakis

### Chief Coordinator

Emmanouil Brilakis

### General Coordinators

Ioannis Chiotis  
Anastasios Deligeorgis

### Executive Members

Georgios Arealis  
Grigorios Avramidis  
Dimitrios Gerogiannis  
Michalis - Alexandros Malachias  
Ilias Mataragkas  
Maria Patramani  
Apostolos Stathellis  
Angelos Trellopoulos

### Honorary Members

Efstathios Chronopoulos  
Anastasios Georgoulis  
Enrico Gervasi  
François Sirveaux  
Panagiotis Skandalakis

### O.R. Coordinators

Niki Bounelli  
Spyros Kalakonas  
Margarita Kalou  
Elpida Markopoulou  
Georgios Roussakis

### Cadaver Lab

Theodore Troupis  
Maria Piagkou  
Theodore Mariolis-Sapsakos  
George Skarpas

### Support

Maria Chadgiantoniou  
Antonia Fonsou  
Rania Ioannidou  
Sokratis Kakkios  
Nikos Kakkios  
Tonia Katsiaganni  
Fotis Karavidas  
Elena Loulentzoglou  
Georgia Papanikolaou  
Fay Pilafian  
Maria Tsilimidou

### PCO Executive Members

Tatiana Zombola  
Despina Nikolopoulou

## Under the auspices

---



## Course Secretariat

---



### SYNTHESIS GROUP SA

31 Agias Varvaras Str., 164 52 Athens, Greece

Tel: +30 210 9609400, Email: [tzombola@synthesispc.com](mailto:tzombola@synthesispc.com) [www.synthesispc.com](http://www.synthesispc.com)

## CME Credits



The 3<sup>rd</sup> ATHENS SHOULDER COURSE, Athens, Greece, 07/02/2018 - 09/02/2018 has been accredited by the **European Accreditation Council for Continuing Medical Education (EACCME®)** with **24 European CME credits (ECMEC®s)**.

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

**SCIENTIFIC  
PROGRAM**

## SCIENTIFIC PROGRAM

*For all course registrants*

**Thursday, 7 February 2019**

### **08:00 - 09:30 Rotator cuff - The basics**

Chairmen: **Berte Bøe | George Skarpas**

08:00 - 08:10 Functional anatomy of the rotator cuff. Shoulder compensation for the impaired cuff

**Tavor Hovav**

08:10 - 08:20 The importance of critical shoulder angle for the surgeon. Anterior or lateral acromioplasty?

**Berte Bøe**

08:20 - 08:30 Management of the stiff shoulder. Current concepts

**Pascal Gleyze**

08:30 - 08:40 The philosophy of the treatment of the stiff shoulder cases. The peri-subscapularis inflammation

**Károly Gulyás**

08:40 - 08:50 Conservative treatment of RC tears

**Sotiria Vrouva**

08:50 - 09:00 Patient personality and pain management. New approaches

**Eleni - Christina Isaia**

09:00 - 09:10 The role of acupuncture in the management of shoulder pathology

**Miltiades Y. Karavis**

09:10 - 09:30 Discussion

### **09:30 - 11:00 Reparable rotator cuff tears**

Chairmen: **Pascal Gleyze | Ladislav Kovacic**

09:30 - 09:40 Treatment options for repairing subscapularis tears

**Mustafa Karahan**

09:40 - 09:50 PASTA lesions. Debride, repair in situ, or complete the tear and repair?

**Ilias Mataragkas**

09:50 - 10:00 Repairing SS and IS Tears. Why choose single row repair and how to do it right

**Frank Martetschläger**

10:00 - 10:10 Repairing SS and IS Tears. Why choose double row repair and how to do it right

**Nuno Gomes**

## SCIENTIFIC PROGRAM

*For all course registrants*

### Thursday, 7 February 2019

- 10:10 - 10:20     Repairing SS and IS tears. Why prefer trans-osseous repair and how to do it right  
**Chiara Fossati**
- 10:20 - 10:30     Radiological evaluation of the “repaired” cuff  
**Apostolos Karantanas**
- 10:30 - 10:40     Mobilized as tolerated versus immobilization following arthroscopic RC repair  
**Maristella Francesca Saccomanno**
- 10:40 - 11:00     Discussion

**11:00 - 11:15**     **Welcome Addresses**  
 Chairmen: **Emmanouil Antonogiannakis** | **Emmanouil Brilakis**

**11:15 - 11:30**     **Coffee Break**

**11:30 - 12:50**     **Treatment options for irreparable rotator cuff tears**  
 Chairmen: **Enrico Gervasi** | **Christos K. Yiannakopoulos**

- 11:30 - 11:40     Massive cuff tears. The challenge of repair  
**Emmanouil Antonogiannakis**
- 11:40 - 11:50     Subacromial bio-absorbable spacer (balloon).  
 What the literature supports and which is the Slovenian experience  
**Ladislav Kovacic**
- 11:50 - 12:00     How does the shoulder compensate for a torn cuff?  
 How the subacromial balloon contributes to this compensation?  
**Vladimir Senekovic**
- 12:00 - 12:10     Augmenting RC Repair with grafts and when and how to do?  
 Do they really heal?  
**Paolo Avanzi**
- 12:10 - 12:20     Superior capsule reconstruction. Is it a revolution?  
**Giuseppe Milano**
- 12:20 - 12:30     Superior capsule reconstruction using fascia lata. The way it started  
 and still a valid option  
**Clara Azevedo**
- 12:30 - 12:50     Discussion

## SCIENTIFIC PROGRAM

*For all course registrants*

### Thursday, 7 February 2019

**12:50 - 13:40**

#### **Tendon transfers for irreparable cuff tears**

Chairmen: **Christel Conso** | **Emmanouil Fandridis**

12:50 - 13:00

Latissimus dorsi transfer for irreparable posterosuperior RC tears.  
History. Indications. Results

**Enrico Gervasi**

13:00 - 13:10

Lower trapezius transfer for irreparable posterosuperior RC tears.  
History. Indications. Results

**Peter S. Vezeridis**

13:10 - 13:20

Transfers for subscapularis tears - Latissimus dorsi and pectoralis major.  
When to consider subscapularis unreparable?

**Jean Kany**

13:20 - 13:40

Discussion

**13:40 - 14:15**

**Light lunch**

**14:15 - 16:30**

#### **Live surgeries**

Chairmen: **Mustafa Karahan** | **Tom Clement Ludvigsen**

O.R. Moderators: **Ioannis Chiotis** | **Anastasios Deligeorgis**

**1. Balloon Implantation**

Surgeon: **Emmanouil Antonogiannakis**

**2. Reverse Shoulder Arthroplasty**

Surgeon: **Enrico Gervasi**

**16:30 - 17:10**

#### **Special topics**

Chairmen: **Panos A. Efstathiou** | **Giuseppe Milano**

16:30 - 16:40

Revision of failed RC repair. What should the surgeon do?

**Nuno Gomes**

16:40 - 16:50

Osteoporosis. What the shoulder surgeon should consider?

**Efstathios Chronopoulos**

16:50 - 17:10

Discussion

## **SCIENTIFIC PROGRAM**

*For all course registrants*

**Thursday, 7 February 2019**

**17:10 - 19:25**

### **Live surgeries**

Chairmen: **Nuno Gomes** | **Bruno Toussaint**

O.R. Moderators: **Ioannis Chiotis** | **Anastasios Deligeorgis**

- 3. Superior Capsule Reconstruction**  
Surgeon: **Emmanouil Antonogiannakis**
- 4. Arthroscopic Bone Block**  
Surgeon: **Ettore Taverna**

## SCIENTIFIC PROGRAM

*For all course registrants*

### Friday, 8 February 2019

**08:00 - 09:20**

#### **Instability**

Chairmen: **Dimitrios Kostopoulos | Claudio Rosso**

08:00 - 08:10

Instability classification. An algorithm of treatment

**Angel Calvo**

08:10 - 08:20

The value of the conservative treatment in the management of shoulder instability. When and how to apply?

**Georgia Petta**

08:20 - 08:30

Current concepts in multidirectional instability

**Dimitrios Alexakis**

08:30 - 08:40

Current concepts for posterior dislocations and instability

**Anastasios Deligeorgis**

08:40 - 08:50

The principles of the shoulder pacemaker for shoulder instability

**Philipp Moroder**

08:50 - 09:00

Practical application of the shoulder pacemaker

**Victor Danzinger**

09:00 - 09:20

Discussion

**09:20 - 10:40**

#### **Instability**

Chairmen: **Michael Hantes | Frank Martetschläger**

09:20 - 09:30

MRA and CT-scan evaluation of instability

**Margarita Natsika**

09:30 - 09:40

Which is the critical glenoid bone loss. Treatment options

**Giuseppe Milano**

09:40 - 09:50

First time shoulder traumatic dislocation. Should we fix them early?

**Anastasios Georgoulis**

09:50 - 10:00

Arthroscopic Bankart repair. Indications and long-term results

**Claudio Rosso**

10:00 - 10:10

Arthroscopic Bankart and Remplissage. Is it a valid option?

**Emmanouil Brilakis**

10:10 - 10:20

Arthroscopic subscapularis tenodesis

**Marco Maiotti**

10:20 - 10:40

Discussion

**10:40 - 10:55**

**Coffee Break**

## SCIENTIFIC PROGRAM

*For all course registrants*

**Friday, 8 February 2019**

**10:55 - 12:25**

### **Bone block procedures for Instability**

Chairmen: **Knut Beitzel | Anastasios Georgoulis**

- 10:55 - 11:05 Open Latarjet. Is it the gold standard for glenoid bone defects?  
**Michael Hantes**
- 11:05 - 11:15 Arthroscopic Latarjet with cannulated screws  
**Tom Clement Ludvigsen**
- 11:15 - 11:25 Arthroscopic Latarjet using 2 buttons  
**Michel Azar**
- 11:25 - 11:35 Arthroscopic Latarjet using a posterior guide for tunnel placement  
**Bruno Toussaint**
- 11:35 - 11:45 Implant-free anatomical glenoid reconstruction in recurrent anterior shoulder instability (the J-Bone Graft)  
**Philipp Moroder**
- 11:45 - 11:55 Arthroscopic Eden-Hybinette procedure with autograft or xenograft. Combination with ASA  
**Ettore Taverna**
- 11:55 - 12:05 Treating anterior instability. Our experience  
**Emmanouil Antonogiannakis**
- 12:05 - 12:25 Discussion

**12:25 - 13:55**

### **Shoulder problems in athletes**

Chairmen: **Pantelis K. Nikolaou | Nikolaos Piskopakis**

- 12:25 - 12:35 Slap lesions. Etiology, diagnosis, proper management (repair or tenodesis)  
**Emmanouil Fandridis**
- 12:35 - 12:45 The long head of biceps. Tenotomy or tenodesis  
**Christel Conso**
- 12:45 - 12:55 Tenodesis. Where and how?  
**Pascal Gleyze**
- 12:55 - 13:05 Current options for treatment of acute AC joint dislocation. How to best restore the 3D function  
**Knut Beitzel**

## SCIENTIFIC PROGRAM

*For all course registrants*

### Friday, 8 February 2019

- 13:05 - 13:15 Current concepts for the management of chronic AC joint instability  
**Frank Martetschläger**
- 13:15 - 13:25 Impingement syndromes  
**Konstantinos Kateros**
- 13:25 - 13:35 Suprascapular entrapment syndrome. Technique of release  
**Christos K. Yiannakopoulos**
- 13:35 - 13:55 *Discussion*



**Kallirhoe Hall  
Royal Olympic  
Hotel**  
Ground floor

## **PRACTICAL SESSIONS ON CADAVERS**

*Exclusively for full course registrants*

**Friday, 8 February 2019**

**Group A**

Transport to Medical school

*Please contact the secretariat regarding departure time*

**15:00 - 17:00**

**Cadaver Session - Arthroscopy**

Coordinators: **Ioannis Chiotis | Anastasios Deligeorgis | Angelos Trellopoulos**

**17:00 - 17:30**

**Break**

**17:30 - 19:00**

**Cadaver Session - Arthroplasty**

Coordinators: **Ioannis Chiotis | Anastasios Deligeorgis | Angelos Trellopoulos**

Transport from Medical school

### **INSTRUCTORS**

Alexakis Dimitrios

Avramidis Grigorios

Bisbinas G. Ilias

Bøe Berte

Boutsiadis Achilleas

Chiotis Ioannis

Deligeorgis Anastasios

Fandridis Emmanouil

Galanopoulos Ilias

Gervasi Enrico

Kanellos Panagiotis

Kokkalis Zinon

Kyriakos Alexandros

Levy Ofer

Marjanovic Benjamin

Massoni Carlo

Mataragkas Ilias

Ntisios Ilias

Papadopoulos Pericles

Patsopoulos J. Iraklis

Saccomanno Maristella Francesca

Theos Christos

Toussaint Bruno

Triantafyllopoulos K. Ioannis

Ziogas K. Miltiades

\* A fee of 600 € is required to participate in the practical sessions. Limited participation.

## SCIENTIFIC PROGRAM

Group B + For all course registrants

### Friday, 8 February 2019

**13:55 - 15:00**      **Light lunch**

**15:00 - 16:10**      **Live Demonstration & Discussion**

Chairmen: **Panagiotis Dimakopoulos | Giuseppe Milano**

15:00 - 15:20      SCR using fascia lata. Tips and Tricks

**Clara Azevedo**

15:20 - 15:40      Repairing SS and IS Tears. Why choose trans-osseous repair and how to do it right

**Chiara Fossati**

15:40 - 16:00      Acromioclavicular Joint Repair

**Panagiotis Dimakopoulos**

16:00 - 16:10      *Discussion*

**16:10 - 17:20**      **Live Demonstration & Discussion**

Chairmen: **Marco Maiotti | Ettore Taverna**

16:10 - 16:30      Bankart repair and Remplissage. Tips & tricks

**Emmanouil Brilakis**

16:30 - 16:50      Arthroscopic Eden-Hybinette

**Ettore Taverna**

16:50 - 17:10      Arthroscopic subscapularis tenodesis augmenting Bone Graft (ASA Graft)

**Marco Maiotti**

17:10 - 17:20      *Discussion*

**17:20 - 17:50**      **Coffee break**

**17:50 - 19:00**      **Live Demonstration & Discussion**

Chairmen: **Tom Clement Ludvigsen | Bruno Toussaint**

17:50 - 18:10      Arthroscopic Latarjet using cannulated screws

**Tom Clement Ludvigsen**

18:10 - 18:30      Arthroscopic Latarjet. Modification using a guide for posterior tunnel placement

**Bruno Toussaint**

18:30 - 18:50      Arthroscopic Latarjet using 2 buttons

**Michel Azar**

18:50 - 19:00      *Discussion*

## PHYSIOTHERAPISTS' COURSE

*Exclusively for physiotherapists' course registrants*

**Friday, 8 February 2019**

Conference  
Room 1  
**Royal Olympic  
Hotel**  
1<sup>st</sup> floor

**13:55 - 15:00**    **Light lunch**

### **15:00 - 16:10**    **General shoulder topics**

Chairmen: **Georgios Arealis** | **Georgia Petta**

15:00 - 15:10    Functional anatomy of the normal shoulder. What happens to the impaired cuff?

**Tavor Hovav**

15:10 - 15:20    An algorithm for the diagnosis of shoulder pathology

**Apostolos Stathellis**

15:20 - 15:30    Pain management for shoulder pathology. Re-educating the patient

**Sotiria Vrouva**

15:30 - 15:40    Shoulder arthroscopy and arthroplasty. Normal vs pathological findings

**Georgios Arealis**

15:40 - 15:50    General principles of shoulder rehabilitation

**Georgia Petta**

15:50 - 16:10    *Discussion*

### **16:10 - 17:20**    **Shoulder Instability**

Chairmen: **Emmanouil Antonogiannakis** | **Victor Danzinger**

16:10 - 16:20    The rationale for the surgical treatment for the management of shoulder instability

**Emmanouil Antonogiannakis**

16:20 - 16:30    The rationale for the rehabilitation for the unstable shoulder

**Georgios Arealis**

16:30 - 16:40    The principles of rehabilitation following surgical treatment for shoulder instability

**Konstantinos Psarogiorgos**

16:40 - 16:50    The principles of shoulder pacemaker for shoulder instability

**Victor Danzinger**

16:50 - 17:00    Physiotherapy in atraumatic multidirectional instability cases

**Victor Danzinger**

17:00 - 17:20    *Discussion*

**17:20 - 17:50**    **Coffee Break**

## PHYSIOTHERAPISTS' COURSE

*Exclusively for physiotherapists' course registrants*

**Friday, 8 February 2019**

Conference  
Room 1  
**Royal Olympic  
Hotel**  
1<sup>st</sup> floor

**17:50 - 19:00**

### **The stiff shoulder**

Chairmen: **Eleftherios Bournousousis** | **Károly Gulyás**

17:50 - 18:00

Stiff shoulder. An inflammation of the joint capsule.  
Etiology and natural history

**Károly Gulyás**

18:00 - 18:10

Conservative treatment of the stiff shoulder

**María Patramani**

18:10 - 18:20

The role of arthroscopic arthrolysis in stiff shoulder cases

**Emmanouil Brilakis**

18:20 - 18:30

Manual therapy for the management of the stiff shoulder

**Eleni Zervakaki**

18:30 - 18:40

Myofascial pain management and trigger point therapy

**Michalis Charalampidis**

18:40 - 19:00

Discussion

## SCIENTIFIC PROGRAM

*For all course registrants*

**Saturday, 9 February 2019**

### **08:00 - 09:30** **Total shoulder arthroplasty** Chairmen: **Efstathios Chronopoulos** | **Kostas Karliaftis**

- 08:00 - 08:10 Nerves around the shoulder (axillary, radial, suprascapular).  
What the surgeon should know to avoid them  
**Theodore Troupis**
- 08:10 - 08:20 The evolution of shoulder arthroplasty (anatomic and reverse).  
What to expect nowadays  
**Chrysanthos Chrysanthou**
- 08:20 - 08:30 Anatomic shoulder arthroplasty: How, when, what's new  
**Enrico Gervasi**
- 08:30 - 08:40 Stemless anatomic shoulder arthroplasty. Indication and results  
**Alexandros Kyriakos**
- 08:40 - 08:50 Arthroplasty in young patients. Is it an option?  
**Christos Sinopidis**
- 08:50 - 09:00 Patient specific instrumentation. Current concepts and future perspectives  
**Benjamin Marjanovic**
- 09:00 - 09:30 Discussion

### **09:30 - 10:30** **Indications for reverse shoulder arthroplasty** Chairmen: **Panagiotis Dimakopoulos** | **John S. Maris**

- 09:30 - 09:40 RSA for fractures as primary or after failed previous management  
**Efstathios Chronopoulos**
- 09:40 - 09:50 RSA for massive irreparable rotator cuff tears without arthroplasty  
**Bruno Toussaint**
- 09:50 - 10:00 Is there a place for RSA in patients with intact rotator cuff?  
**Enrico Gervasi**
- 10:00 - 10:10 RSA for rotator cuff arthropathy. The only solution  
**John C. Feroussis**
- 10:10 - 10:30 Discussion
- 10:30 - 10:45** **Coffee break**

## SCIENTIFIC PROGRAM

*For all course registrants*

### Saturday, 9 February 2019

#### 10:45 - 12:05 **Technical matters for reverse shoulder arthroplasty** Chairmen: **John C. Feroussis** | **Pericles Papadopoulos**

10:45 - 10:55 The concept of lateralization in RSA. Do it from the glenoid side  
**Georgios Arealis**

10:55 - 11:05 The concept of lateralization in RSA. Do it from the humeral side  
**Achilleas Boutsiadis**

11:05 - 11:15 Metal or poly glenosphere for RSA  
**Ioannis Chiotis**

11:15 - 11:25 Stemless metaphyseal reverse shoulder arthroplasty  
**Pericles Papadopoulos**

11:25 - 11:35 Long term results of stemless metaphyseal RSA  
**Ofer Levy**

11:35 - 11:45 Latissimus dorsi transfer and RSA for restoring external rotation  
**Michel Azar**

11:45 - 12:05 *Discussion*

#### 12:05 - 13:05 **Complications and revision arthroplasty** Chairmen: **Eleni Giamarellou** | **Ofer Levy**

12:05 - 12:15 Complications of anatomic and reverse TSA. How to avoid and how to solve  
**Miltiades K. Ziogas**

12:15 - 12:25 Infection affecting TSA: The infectious diseases specialist's perspective  
**Eleni Giamarellou**

12:25 - 12:35 Infection affecting TSA: The surgeon perspective  
**Ofer Levy**

12:35 - 12:45 Revision total arthroplasty: Rates, complications, what about  
 young patients

**Enrico Gervasi**

12:45 - 13:05 *Discussion*

## **PRACTICAL SESSIONS ON CADAVERS**

*Exclusively for full course registrants*

**Saturday, 9 February 2019**

**Group B**

Transport from Royal Olympic Hotel to Medical school

*Please contact the secretariat regarding departure time*

**13:45 - 15:45**

**Cadaver Session - Arthroscopy**

Coordinators: **Ioannis Chiotis | Anastasios Deligeorgis | Apostolos Stathellis**

**15:45 - 16:15**

**Break**

**16:15 - 17:45**

**Cadaver Session - Arthroplasty**

Coordinators: **Ioannis Chiotis | Anastasios Deligeorgis | Apostolos Stathellis**

Transport from Medical school to Royal Olympic Hotel

### **INSTRUCTORS**

Alexakis Dimitrios

Antonogiannakis Emmanouil

Arealis Georgios

Azar Michel

Azevedo Clara

Boutsiadis Achilleas

Brilakis Emmanouil

Chiotis Ioannis

Chronopoulos Efstathios

Deligeorgis Anastasios

Fandridis Emmanouil

Fossati Chiara

Galanopoulos Ilias

Kanellos Panagiotis

Kokkalis Zinon

Kostopoulos Dimitrios

Kyriakos Alexandros

Levy Ofer

Ludvigsen Tom Clement

Mataragkas Ilias

Papadopoulos Pericles

Patsopoulos J. Iraklis

Theos Christos

Vrangalas Vasileios

\* A fee of 600 € is required to participate in the practical sessions. Limited participation.

## SCIENTIFIC PROGRAM

*Group A + For all course registrants*

### Saturday, 9 February 2019

**13:05 - 13:45**      **Light lunch**

#### **13:45 - 14:35**      **Live Demonstration & Discussion**

Chairmen: **Jean Kany** | **Philipp Moroder**

13:45 - 14:05      Latissimus dorsi transfer for subscapularis tears

**Jean Kany**

14:05 - 14:25      Pectoralis major transfer for subscapularis tears

**Philipp Moroder**

14:25 - 14:35      Discussion

#### **14:35 - 15:25**      **Live Demonstration & Discussion**

Chairmen: **John C. Feroussis** | **Enrico Gervasi**

14:35 - 14:55      Reverse shoulder arthroplasty. How to do it properly

**John C. Feroussis**

14:55 - 15:15      The Bio-RSA

**Enrico Gervasi**

15:15 - 15:25      Discussion

**15:25 - 15:55**      **Coffee break**

#### **15:55 - 16:45**      **Live Demonstration & Discussion**

Chairmen: **Enrico Gervasi** | **Peter S. Vezeridis**

15:55 - 16:15      Latissimus dorsi transfer for irreparable posterosuperior RC Tears

**Enrico Gervasi**

16:15 - 16:35      Lower trapezius transfer for irreparable posterosuperior RC Tears

**Peter S. Vezeridis**

16:35 - 16:45      Discussion

## SCIENTIFIC PROGRAM

*Group A + For all course registrants*

**Saturday, 9 February 2019**

**Kallirhoe Hall  
Royal Olympic  
Hotel  
Ground floor**

**16:45 - 17:35**

**Live Demonstration & Discussion**

Chairmen: **Panagiotis Dimakopoulos | Enrico Gervasi**

16:45 - 17:05

Deltpectoral approach for anatomic TSA. Tips and tricks for balancing the prosthesis

**Enrico Gervasi**

17:05 - 17:25

Cuff tear arthroplasty

**Panagiotis Dimakopoulos**

17:25 - 17:35

Discussion

## PHYSIOTHERAPISTS' COURSE

*Exclusively for physiotherapists' course registrants*

**Saturday, 9 February 2019**

Conference  
Room 1  
**Royal Olympic  
Hotel**  
1<sup>st</sup> floor

**13:05 - 13:45**     **Light lunch**

**13:45 - 15:15**     **Rotator cuff tears**

Chairmen: **Spyros Gigourtakis** | **Maristella Francesca Saccomanno**

13:45 - 13:55     Rotator cuff disease. A disharmony between demands and ability. What happens in the shoulder when the cuff fails?

**Maristella Francesca Saccomanno**

13:55 - 14:05     How can we increase the functional capacity of the cuff?  
Rehabilitation of the scapula

**Spyros Gigourtakis**

14:05 - 14:15     Rehabilitation of the cuff. How can we strengthen the cuff without injuring it?

**Maria Patramani**

14:15 - 14:25     Balloon. A tool for shoulder rehabilitation

**Tavor Hovav**

14:25 - 14:35     Surgical options to increase the functional ability of the cuff  
(partial repair, SCR, tendon transfers)

**Dimitrios Gerogiannis**

14:35 - 14:45     Reverse SA. When everything has failed

**Carlo Massoni**

14:45 - 15:15     Discussion

**15:15 - 15:45**     **Coffee Break**

**15:45 - 17:15**     **The arthritic shoulder**

**Berte Bøe** | **Michael Seferiadis**

15:45 - 15:55     Arthritis of the shoulder. A matter of joint incongruity

**Berte Bøe**

15:55 - 16:05     Patient education. Protective use of shoulder

**Michael Seferiadis**

16:05 - 16:15     Physical modalities for pain management

**Georgios Patouras**

16:15 - 16:25     Pharmacological and surgical options for improving the function of the biological joint

**Grigorios Avramidis**

16:25 - 16:35     An introduction for shoulder arthroplasty (anatomic, reverse, hemi)

**Angelos Trellopoulos**

16:35 - 16:45     Rehabilitation after shoulder arthroplasty depending on the type of arthroplasty

**Magdalini Tziouma**

16:45 - 17:15     Discussion