SCIENTIFIC PROGRAM

Saturday, 14 March 2026

08:00 - 08:50	**SESSION 1**
Moderators	**Berte Bøe - Ioannis Chiotis**
	RC tears classification. Systems used and their value in everyday practice **Angelos Trellopoulos**
	What is the natural history of RC tears? **Hany Ahmed Elsayed Ahmed**
	What the surgeon wants to know from the clinical evaluation and the MRI **Knut Beitzel**
	When is a tear reparable, and how to decide it **Benjamin Marjanovic**
Physio Comments	**Sotiria Vrouva**
08:50 - 09:40	**SESSION 2 | Mini Batle #1 Partial thickness tear**
Moderators	**Ana Catarina Ângelo - Michael Hantes**
	My approach with biological agents and Physiotherapy **Emmanouil Brilakis**
	My approach to in situ repair **Maristella Saccomanno**
	My approach is to complete the tear and repair **Emilio López-Vidriero**
	Expert commentary (pitfalls, variations, tricks) **Frank Martetschlaeger**
	Discussion
09:40 - 10:00	Coffee Break
10:00 - 10:30	**SESSION 3 | Opening & Greetings**
Moderators	**Emmanouil Antonogiannakis - Emmanouil Brilakis**
	Mission and activities of the Egyptian Arthroscopy Association **Adel Hamed Awadallah (EGAA Honorary President)**
	Discussion
10:30 - 10:50	**SESSION 4 | Keynote lecture 1**
Moderators	**Anastasios Georgoulis – Enrico Gervasi**
	All My Tricks to Achieve a Complete Repair with single row, double row, transosseous repair **Emmanouil Antonogiannakis**
	Discussion

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10:50 - 11:40	**SESSION 5 | The LHB in the treatment of rotator cuff tears**
Moderators	**Christos Koukos - Andreas Voss**
	Anterior Cable Reconstruction and biceps rerouting **Nuno Gomes**
	Biceps interposition **Maristella Saccomanno**
	Biceps SCR **Achilleas Boutsiades**
	The "Box" Technique **Emmanouil Fandridis**
Physio Comments	**Maria Patramani**
	Interactive Discussion
Led by :	**Christos Koukos**
11:40 - 12:30	**SESSION 6 | Mini Battle #2**
Moderators	**Emmanouil Fandridis - Maristella Saccomanno**
	Why I believe in the transosseous repair and how I do it **Emmanouil Antonogiannakis** **Alessandro Castagna** **Philip Hudecek** **Pol Huysmans**
12:30 -13:30	Lunch Break **World Surgery Tour**

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13:30 - 14:20	**SESSION 7 | When It Gets Tough: Massive, Revision & Irreparable Tears**
Moderators	**Paolo Paladini - Andreas Panagopoulos**
	SCR **Ana Catarina Ângelo**
	Lower trapezius transfer **Peter Vezeridis**
	Balloon Spacer **Ladislav Kovačič**
	RSA as a bailout **Angelo Di Giunta**
	Case-based discussion: "How far would you go before converting to RSA?" **Paolo Paladini**
Physio Comments	**Iakovos Pelekis**
	Discussion
14:20 - 14:40	**SESSION 8 | Keynote Lecture 2**
Moderators	**Alessandro Castagna - Dimitrios Koulalis**
	Superior Capsule Reconstruction Using Fascia Lata Autograft – Why I Choose to Stick with the Original Graft. The European Perspective **Clara Azevedo**
	Discussion
14:40 - 15:30	**SESSION 9 | Healing, Failure & What Comes After the Surgery**
Moderators	**Michael Iosifidis - Panagiotis Koulouvaris**
	Current Concepts on biological healing (vascularity, augmentation, PRP) **Michael Hantes**
	Why do repairs fail? **Arasch Wafaisade**
	Rehabilitation: early vs delayed protocols **Maria Papatzikou**
	My biggest failure and what I learned from it **Emilio Calvo**

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	Discussion
Physio Comments	**Maria Gkini**
15:30 - 16:00	Coffee Break

16:00 - 16:50	SESSION 10 | The Healing of the Rotator Cuff - My Biological Approach: Pre -, Intra-, and Postoperative
Moderators	**Nuno Gomes - Spyros Plessas**
	Using the Long Head of Biceps **Dimitris Alexakis**
	Using Nano-fractures **Miguel Angel Ruiz Ibán**
	Using PRP, stem cells and biologics **George Arealis**
	Using supplements **Andreas Voss**
Physio Comments	**Diamanos Marinatos**
	Discussion

16:50 - 17:40	SESSION 11
Moderators	**Emmanouil Antonogiannakis - Emmanouil Brilakis**
	Is it frozen shoulder or something else? Distinguishing primary vs secondary stiffness. When is MRI helpful, and when is it misleading? **Ahmed Hany**
	Do conservative options work in adhesive capsulitis? What is the role of physiotherapy, corticosteroids, PRP, hydrodilatation, and ultrasound guidance **Mohamed Aboelnour**
	Arthroscopic Capsular Release Techniques, Indications, and risks **Maged Samy**

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Stiffness After Shoulder Arthroscopy. What are the measures to prevent re-stiffness
Amr Rashwan

Discussion

Physio Comments **Maria Papatzikou**

17:40 - 18:00	SESSION 12 | Rapid Fire Case Discussion
Moderators	**Anastasios Deligeorgis - Panagiotis Papadopoulos**
Case Preparation	

Would you re-operate? What drives your surgical decision here?
Panagiotis Pantos

How would you approach rehab with return-to-sport in mind?
Maria Patramani

Would you inject this shoulder before doing anything else?
Efstathios Chronopoulos

Capsular release? Which parts exactly, and why?
Michel Azar

Discussion

Sunday, 15 March 2026

08:15 - 09:05	SESSION 13
Moderators	**Franscesco Fransceschi - George Panagopoulos**

Anatomic shoulder arthroplasty. Current concepts and indications
John G. Costouros

How do I do an anatomic TSA, and how do I balance the soft tissues?
Olivier Verborgt

Modern anatomic TSA: implants, stems, and glenoids
George Zanaros

Will there be a place for anatomic shoulder arthroplasty in the future?
Paolo Paladini

Discussion

Physio Comments **Evangelos Georgakopoulos**

09:05 - 09:55	SESSION 14
Moderators	**Andreas Leonidou - Marco Maiotti**

Biomechanics of reverse shoulder arthroplasty
Pol Huysmans

Primary reverse shoulder arthroplasty – Lateralisation and distalization provide the best results and reduce complications

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	George Zanaros
	How to plan soft tissue balancing from pre- to post-operative **Alfonso Maria Romano**
	Results of navigation in RSA. Is it worth it? **Alexander Lädermann**
	Discussion
Physio Comments	**Georgia Petta**
09:55 - 10:45	SESSION 15 | Reverse Shoulder Arthroplasty – A lasting solution for all our problems?
Moderators	**Clara Azevedo - Panagiotis Pantos**
	RSA for irreparable cuff tears – still a viable solution? **Marco Maiotti**
	Humeral Stem in RSA – Does the size matter? **Francesco Franceschi**
	The long-term results of stemless-metaphyseal implants in RSA? **Ofer Levy**
	Glenoid Positioning: Is Augmentation the New Standard? **Olivier Verborgt**
	Discussion
Physio Comments	**George Koumantakis**
10:45 - 11:15	Coffee Break
11:15 - 11:30	SESSION 16
Moderators	**TBA - Zinon Kokkalis**
	Glenoid exposure: My best tips for tough cases **Enrico Gervasi**

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Discussion

11:30 - 12:20	SESSION 17 | Mini Battle #3
Moderators	**Emilio Calvo - Ofer Levy**
	Lateralisation from the Glenoid: Controlled Power & Stability **Michel Azar**
	Lateralisation from the Humerus: Simplicity & Efficiency **Miguel Ruiz Iban**
	Combined Lateralization : Balance is the Key **Geoffroy Nourissat**
	Augmented Glenoids, Custom Implants, and Modular Adaptability **Alexander Lädermann**
	Discussion
12:20 - 13:10	SESSION 18 | Robotics and Planning
Moderators	**Benjamin Marjanovic – Giuseppe Milano**
	3D planning for reverse shoulder arthroplasty. Why and how to plan? **Grigoris Avramidis**
	Mixed reality in reverse shoulder arthroplasty. Where are we today **Peter Vezeridis**
	How I plan my shoulder arthroplasties. The evolution of my experience and the lessons learned **John Costouros**
	Discussion
Physio Comments	**Spyros Gigourtakis**
13:10 - 13:55	Lunch Break
13:55 - 14:45	SESSION 19
Moderators	**Edward McFarland - Dimitris Alexakis**
	How to revise the failed anatomic shoulder arthroplasty **John Ferousis**
	How to manage a failed reverse shoulder arthroplasty **Stefan Greiner**

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The infected SA. Current concepts and proper management
Ofer Levy

Instability in reverse shoulder arthroplasty. Why it may happen and how to manage
Giuseppe Milano

Discussion

Physio Comments **John Makras**

14:45 - 15:35	SESSION 20
Moderators	**John Ferousis - Peter Vezeridis**

Why Posture is Important in RSA
Andreas Voss

ONION technique of RSA for fractures
Francesco Francheschi

Is RSA the best treatment for proximal humeral fractures in the elderly?
Andreas Panagopoulos

The evolution of RSA: from a salvage procedure to a precision tool
Olivier Verborgt

Discussion

Physio Comments **TBA**

15:35 - 16:05 Coffee Break

16:05 - 16:25	SESSION 21 | Keynote Lecture #4
Moderators	**Efstathios Chronopoulos - Pericles Papadopoulos**

Destroyed revision glenoid and how to deal with it
Edward McFarland

Discussion

16:25 - 17:15	SESSION 22

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17:15 - 17:35	SESSION 23 | Rapid Fire Case Discussion
Moderators	Anastasios Deligeorgis – George Gatos
	TSA is still the gold standard here Alessandro Castagna
	RSA gives us more predictable outcomes Alexander Lädermann
	Not yet. Conservative + biologics first Andreas Voss
	Arthroscopy to buy time or downstage Geoffroy Nourissat
	Discussion
17:35 - 17:55	Closing Remarks
Moderators	Emmanouil Antonogiannakis - Emmanouil Brilakis